



**Van Buren County SAFE Coalition**  
**October Meeting Minutes**  
**Location: VBCH Community Services Center**  
**Tuesday, October 20, 2015**  
**9:00 a.m.**

Meeting called to order by Melissa Daugherty at 9:00 a.m.

**Members Present:** Heidi Bainbridge – DFC Coalition Director, Gloria Brown – Other Organization, Ray Brownsworth – Healthcare, Julie Chapuis – Schools, Melissa Daugherty – Youth Serving Organization, Susan Frey – Civic Group/Military, Tonja Jirak – Parent, Ginger Knisley – Other Organization, Alondra Majin – Other Organization, Kris Rankin – IPFS Coordinator, Ciery Welcher – Student

**September Minutes approved by:** Tonja Jirak **Second:** Julie Chapuis

**Topic:** DFC Extension

- Melissa shared that the coalition received the extension for the months of October, November and December. There are a few work groups the coalition will run through today for the work that remains to be done for the DFC Grant. The groups include social host, law enforcement policies and two hospital groups dealing with implementing SBIRT and data collection through EPIC. The members present worked in work groups for about ten minutes.
- Work Group Reports:
  - The coalition will work with Ray and Chris at the hospital on collecting data from the EPIC system.
  - For the SBIRT system the coalition will supply the medical staff with information on how and to whom to refer patients with substance issues. The full SBIRT system is just too much to take on at the hospital in this short amount of time.
  - For law enforcement the goal is to have conversations with the county attorney and local law enforcement. With the county attorney coalition members should discuss where the funds for fines are currently going, if they can be increased and if they can be used to support prevention work in the county. The conversation with the Sheriff's Office should be focused on what their current policies are, how the policies are working and if the coalition can help them in any way. For social host the coalition needs to meet with the county attorney and sheriff about the next steps for moving forward with a local social host ordinance. Ginger will supply a document that compares Jefferson Counties Social Host Ordinance and the State's and that can be shared with the county attorney and sheriff so that an ordinance for Van Buren County could be modeled after Jefferson Counties.
- Ginger asked Susan if she had ever had any informal conversations with any of the Board of Supervisor members to gauge how they felt about a social host. Susan said she had not done that yet.

**ACTION STEP:** Participate in work groups to address the work of the DFC Workplan by December 31, 2015.

**By Whom:** All coalition members

**By When:** December 31, 2015

**Topic:** Drug Take Back

- Kris shared that the Sheriff's Reserve Officers hosted this event at the end of September at the Keosauqua Senior Center. They had 12 individuals turn in 25 pounds of prescription medications. This is one of the largest amounts collected in Van Buren County during the time the Reserve Officers and Coalition have facilitated these events and it is a good event for the coalition to continue to support.
- The participants filled out surveys and the coalition has those results available for members that would like to see them. There were a lot of older adults that participated this time. Some officers also picked up medications at the school from Nurse Sara and possibly for one other location.
- The DEA is considering doing another event in the spring. Heidi shared that there may be a new administrator that is planning to carry on with these events.
- Kris pointed out that Keosauqua is the best location to hold the event as the amounts that are returned are higher in Keosauqua than any of the other locations the event has been held in. Since it worked well for the Officers to also pick up at the school the coalition may want to work on facilitating that and pickups at other locations in the future. Heidi said she is going to contact Lee Pharmacy to see if they track how much medication they take back through their Take Back program. It would be good to know if people are using that service and how much.

**ACTION STEP:** Contact Lee Pharmacy to see if they track how much medication they take back through their Take Back program.

**By Whom:** Heidi Bainbridge

**By When:** November 24, 2015

**Topic:** OTC/RX Curriculum

- Heidi shared that the coalition is continuing to work with the 5<sup>th</sup> Grade classrooms at the Van Buren Community Elementary School with the OTC Medication Safety Curriculum. There are four lessons and there will be four presenters for them (one lesson per presenter). Larry Thomas, Dr. Blair, Kitty Bogle and then the classroom teacher will each do a lesson. The teachers and Heidi are looking for where this curriculum will fit the best with their classroom curriculum. It will be happening and Heidi is just not sure when at this time.

**ACTION STEP:** None

**Topic:** Iowa Partnership for Success (IPFS) Planning

- Kris shared that the staff were hoping to do some planning work today, but at this time the coalition has not received its planning deliverables from IDPH. The hope is that the coalition will receive them this week. The coalition staff will share those with coalition members as soon as they are received. There may need to be some meetings before the next coalition meeting to begin working on the planning steps and the staff will let everyone know when those will be held.
- Kris said that the assessment and capacity deliverables were submitted on time. The County Assessment Workbook was returned needing some revisions and those were completed and returned on time as well. The Tri-Ethnic Survey was approved and needs no changes. Kris is waiting to hear on whether or not the County Assessment and Capacity Workbooks have been approved or need revisions.
- Kris has attended some more trainings. Last week she attended one on Implementation and Evaluation with good information. The coalition's evaluator also attended and now has a good idea about what the state will be looking for from the coalition on evaluation and that will allow them to setup the Reaching System to accommodate what the coalition will need for reporting to the state.
- Heidi shared that the biggest part for the coalition members at this time is the capacity piece. At the last meeting the coalition members discussed what people they could reach out to and include them in the work of the coalition. Coalition members had talked about who they could reach out and invite to participate in the coalition. So, if anyone has not talked to those people yet the coalition needs you to work on that this month and invite them to the November meeting. Heidi asked Kris to resend the capacity document to members so that they can contact people this month.
- Kris said that Van Buren County does not have anyone doing suicide prevention work at this time. That is something that the coalition will be working on with the IPFS Funding. She is not sure what that will look like, but will let everyone know when she receives that information.
- The one thing IDPH has provided the coalition with is the Kognito training to promote in the schools. Coalition staff will be talking with the two school districts about the teachers taking these trainings. Kris shared that she took all four of the trainings (Elementary, Middle School, High School and LGBTQ Community) and they are easy to do and last approximately 45 minutes. It is a good curriculum and easy to understand.
- Ginger asked if there is anything for adults for suicide prevention especially with veterans. Susan shared that the veteran population in the county at this time is approximately 700. Ginger commented that is relatively high and Susan agreed. Susan said there is a veteran's crisis line out of Iowa City that is a 24 hour hotline and case workers that can come to the area to provide services. As for suicide prevention services the county has to pool it's resources. Now there are crisis services at the hospital and concerned veterans have 24 hours to notify the VA that they are receiving services for it to be covered. Patients can utilize the services that are being built right now here with the crisis services and urgent care at the hospital on Tuesdays and Thursdays or in Fairfield other days paid for through a block grant. They are trying to establish new programs as well, such as the wellness recovery action plan and the drop in center. This will allow for resources for people in the county for peer support and counseling.
- Heidi wondered if the Kognito training would be beneficial for others. Kris shared it is intended for school staff, but can be beneficial for individuals who work with youth on a regular basis. Heidi said it might be beneficial for the ministerial society, youth leaders and PAT workers. It is a free program through the IDPH. Kris said she can work to have a group setup so that it can be used by community members who do not work in the schools, but work with youth on a regular basis. Ginger said with not having suicide prevention being offered in the community it would be good to have a broader base of knowledge in the community through these trainings. Heidi suggested it would be good to be used with 4-H leaders.
- Heidi asked if Sieda is doing anything with suicide prevention in the county and Kris said no they are not.
- Julie shared that Teen Screen used to be available in the schools and the program itself disappeared. So, the school is looking for a tool to take the place of Teen Screen. She has been in contact with mental health providers who are coming here for referral sources for kids and families. Young House is in the midst of changing their look, but they still have R&R that are providers for mental health counseling in the county.

**ACTION STEP:** 1) Invite community members to join the work of the coalition. 2) Setup the Kognito Training for community members who work with youth.

**By Whom:** 1) All coalition members. 2) Kris Rankin

**By When:** ASAP

**Topic:** YLC Planning

- Ciery shared that they will be holding a county wide youth training for YLC members on October 28<sup>th</sup> at the Roberts Building. There will be several presenters including the ISTEP Coordinator Robin, Ciery, Melissa, Heidi and Cheyenne Schmitter. Ciery had an ISTEP Retreat on September 19<sup>th</sup> and started planning their themes for tobacco holidays. They met with an American Lung Association Representative and discussed Red Ribbon Week. Then they planned for Summit 2016 with a theme of “Tune Out Tobacco” Heidi asked if the Summit is changing this year. Ciery said yes it is. It will be held during the school year on a school day to get more kids to come to the summit. It is a struggle to get kids to come during the summers. Melissa asked for help at the training on the 28<sup>th</sup>, just let her or Heidi know if you can help; especially during lunch time. The training is really where they do their planning for the year.

**ACTION STEP:** None

**Topic:** Other Business

- Melissa shared that the Prevention Conference is being held November 10, 2015 in Des Moines. There is a link to it in the Newsletter that was sent out last week. Heidi pointed out it is a one day training that deals with prevention in general.
- Heidi shared that there is an OTC Literacy Curriculum Fact Sheet at the back of the meeting packets for coalition members to look at and see what it is all about. Tonja asked if it is held on four different dates. Heidi said yes it is held on four different days. She said it is a really good curriculum, easy to use, visually appealing and the kids really get engaged with it.

**Next Meeting:** Tuesday, November 24, 2015 at 9:00 a.m. at Van Buren County Hospital Community Services Center Conference Room.

**Meeting Adjourned:** At 9:35 a.m.

\*Meeting minutes are only a summary of the meeting. For a recording of the full dialogue of the meeting you may contact the coalition office.