



**Van Buren County SAFE Coalition**  
**March Meeting Minutes**  
**Location: VBCH Community Services Center**  
**Tuesday, March 17, 2015**  
**9:00 am**

Meeting called to order by Melissa Daugherty at 9:00 a.m.

**Members Present:** Heidi Bainbridge – DFC Coalition Director, Gloria Brown – Other Organization, Ray Brownsworth – Healthcare, Julie Chapuis – Schools, Melissa Daugherty – Youth Serving Organization, Susan Frey – Civic Group, Tonja Jirak – Parent, Ginger Knisley – Other Organization, Lee McIntosh – Law Enforcement, Kris Rankin – Parent, Kim Siegfried – Other Organization, Janine Vermazen – Other Organization, Tammy Wetjen-Kesterson – Other Organization

**February Minutes approved by:** Ray Brownsworth **Second:** Lee McIntosh

**Topic:** Partnership for Success Funds

- Heidi shared that the funds for the IPFS Grant did begin technically February 1, 2015. She said that the coalition does not have a contract yet for this grant. She shared that it is typical with the State of Iowa for the contracts to not show up in a timely manner. She said that the State had shared with the coalition staff two weeks ago that the coalition should receive their contract in the next two weeks. She said that part of the problem for the coalition is that the paperwork goes through the fiscal agent (Van Buren Community School District - VBCSD) and the coalition may not know it has been received. She shared that the coalition staff have been working to have regular communication with the VBCSD about whether or not they have received the contract.
- Heidi said that the coalition staff have not been doing much with this grant yet especially spending money as they feel uncomfortable doing that without a contract. She said that they are requiring a number of trainings though and Kris has been working on doing those trainings. She shared that there was also a webinar that the coalition staff had to attend and they did. She said that there is also going to be a contractor's meeting on April 2<sup>nd</sup> that she and Kris will be attending.
- Heidi said that the coalition staff are working on creating an MOU (Memorandum of Understanding) with some local partners that is required by the grant. This MOU will include partnerships with entities in the community; one of which is the Department of Health. Heidi said that the coalition staff will be meeting with Lindee to sit down and go over what is required of the Public Health Department with this grant and what that will look like for them. The VBCSD is the fiscal agent, but the coalition signs the MOU and Melissa will be doing that as the president of the board. The other partner is SEIDA, the local substance abuse prevention agency that covers Van Buren County, and they have already signed off on the MOU with the coalition.
- Heidi shared that there will be a two day training in May that will be going over the Assessment and Capacity pieces of the grant work to be done this fiscal year. The coalition staff would like to encourage other coalition members to attend this training with the coalition staff members. The coalition would pay for the expenses for the two day training. Please contact Heidi if you are interested in attending this training. Once the coalition staff have the dates and times for this training they will send out an email to coalition members with those details.
- Heidi shared that the coalition staff are not starting to have coalition members do much yet for this grant since there is no contract or detailed information. She said that post contractor meeting on the 2<sup>nd</sup> the coalition staff should have a list of deliverables that the grant directors want done. Heidi said that there should be a type of community assessment document that needs to be filled out and completed, but until the coalition staff knows what it looks like they are waiting. She shared that she hopes at the next meeting to begin working on collecting data for the coalition members. She said it would be helpful if members begin to think about what kinds of data they may have to share with the coalition, especially about underage drinking and underage binge drinking. This would include data and statistics about these items or consequences or outcomes that come from underage alcohol use; such as domestic violence, emergency room data, or other work that coalition members do in Van Buren County. That will be the first step in the process for this grant.
- Ray asked if the coalition staff are holding off on doing training due to a lack of funds. Heidi said that the training is occurring. She said it is mostly stuff that Kris has to do as the project coordinator and she shared that most of that is online. Ray said if there is something not being done because of a lack of funds then the hospital would be willing to step in and cover that as it fits under their broader umbrella from a community stand point.
- Lee asked about information or data on current underage usage and parties. Heidi shared that the coalition does collect information on this from the sheriff's office every year. She said it includes tickets given for underage drinking and calls for underage drinking parties. She said in the past couple of years there have been no calls for underage drinking parties. The concern is that they are just not being reported. Ginger agreed and said it would be surprising to find out that they are not still going on.

- Heidi shared that there had been an idea for funding a tip line and that did not go anywhere in the past. She said that the coalition may consider doing this with the IPFS Grant Funds. She said it might also be something to be done in the next five or six months with the DFC Grant. Tammy asked if the coalition had looked at the text and tell program. Heidi said they had looked into several different programs. She said that text a tip seemed quite pricey, but maybe the coalition should reach out to some communities that have done this and work with the Sheriff's Office about how it would work for them. Tammy said that Jones County had done one and it was around \$1800 per year. She said it is routed through Canada, anonymous and yet the officers can text back to them. Heidi asked Tammy to get information on it and send it to her. Tammy agreed to do this.
- Heidi said the coalition staff are excited about the IPFS Grant.

**ACTION STEP:** Training; Let Heidi know of interest in the 2 Day Training in May; begin thinking of data to share with the coalition during the assessment process.

**By Whom:** Coalition Staff & Coalition Members

**By When:** April 2015 Meeting

**Topic:** Iowa Youth Survey Numbers for 2014

- Heidi shared that she had seen that the Iowa Youth Survey numbers for 2014 are now out for the state. She said that the school district and county numbers are not out yet, but should be out soon.
- She shared that the numbers for substance abuse are down across the state. She said that marijuana use stayed the same and did not go up. She said that prevention workers were expecting a rise in use because of legalization across in other states and youth beginning to see it as a safe alternative. She said county data may be different than state data.
- They are located at the following website: [http://www.iowayouthsurvey.iowa.gov/images/2014\\_State/IYS\\_2014\\_State\\_Report.pdf](http://www.iowayouthsurvey.iowa.gov/images/2014_State/IYS_2014_State_Report.pdf)

**ACTION STEP:** None

**Topic:** Action Plan

- Heidi shared it is in everyone's packets. She explained it is the DFC Action Plan for this final fiscal year ending in September.
- Heidi pointed out that the first section is stuff that is mostly done and ongoing. She said that the coalition staff will be contacting merchant's to introduce Kris and share about the new funds and how the merchant work will be continuing with the IPFS Grant.
- Heidi said that for Strategy 2 one of the work groups has taken this work on. She asked Ginger to share what has been going on in this area. Ginger shared that she had a conversation with Mark Meek about what the Board of Supervisors would think of a local Social Host Ordinance. She said his initial reaction was to question if people actually hold underage drinking parties. She then shared information with him about parties being held. She also shared with him information on Jefferson County's Social Host Ordinance and that it is being used. She said with all of that information he is in support of a local Social Host Ordinance and did not see any problem with it. She said she shared a one page informational document with him in advance about what the differences would be for a local Social Host Ordinance in comparison to the State Social Host Ordinance. Heidi said the coalition needs to work to setup a follow-up meeting with him and it would be good to include Tom Walkup, Juvenile Probation Officer, in that meeting as he assisted in the Jefferson County Project. Tonja asked about information on how the state ordinance is being used and if there is any discussion on amending it. Heidi and Ginger said that they have not seen anything about it. Heidi shared that next week on Tuesday is the Day on the Hill event and she will check in during that as to how that is going this year.
- The next section is focused on School Connectedness and it is happening with the IS3 grant and the Warrior Pure Performance Program. She said that all of the posters that have been done are now being displayed by the gymnasium. She said they will also be producing some more of these before the end of the school year. She shared that the work on the Code of Conduct at the schools and putting substance abuse policies in place has happened and is going well. She said there has been some discussion with the Youth Leadership Council about making some minor adjustments to tobacco use to include other miscellaneous tobacco products (e-cigarettes, orbs, snus, etc) to strengthen the policy. She said the mandatory team meetings are continuing. Ginger asked if they are being well attended. Heidi shared that the parents that attended at the beginning of the year are not attending and the attendance rates are going down. She said that she and Greg Jones, Activities Director, had discussed last night that maybe one large event at the start of the year with open house for any student/parent interested in extra-curricular activities. If a student decides later to participate then they can meet directly with the activities director and receive the information then. Tonja asked how these meetings are being communicated or advertised. Heidi shared that they are shared in a variety of ways: an ad in the paper, the Drum Beat, the school website & Facebook page, coaches were supposed to let their athletes know, in the DFC Update, the coalition's website & Facebook page, etc. Tonja asked if it went out on the school's communication system. Heidi and Kris shared that it did not go out on that system. Tonja shared she did not notice any of those and her child is on the track team and they just met yesterday. Heidi asked for people's thoughts on the once a year event. She mentioned that Greg had mentioned some other schools include physicals at the once a year event. Lee asked if it is mandatory training and parents are not attending. Heidi said that yes it is once a year required for parents to attend one of these meetings. Lee asked how they know to attend. Tonja said the coach let her know. Lee mentioned a

letter should be sent to the parents. Heidi said the coalition did send a letter about conferences and the team meetings to all parents of enrolled students, but it did not go to home school parents. There was a discussion about the actual attendance during the conferences and Susan shared that her meetings with teachers were not all that meaningful and there was one teacher who was not even there. Heidi said conferences are not the place to hit a large group of parents. Heidi shared that parents are hard to reach and it is a struggle to get the information out and get everyone. Melissa shared the physicals on site might be the way to get people out for these. Ray said to contact Dixie or Deb and work to set this up for an offsite day for physicals. Tonja said that if the meetings are mandatory it should be included on the schools communication system and sent out over that system.

- Heidi said the next section is about keeping marijuana from being legalized. She said that Ginger has been really good about sending her information about what is going on at the state level with this. Ginger said they are being very sneaky with this. Heidi agreed and pointed out that last year when they passed the CBD Oil Ordinance it was their foot in the door to legalize marijuana in Iowa. She shared that last week it passed out of committee for CBD Oil to be grown and manufactured in Iowa and they are opening its use for other illnesses or disorders and will be going to the House now. She encouraged coalition members to educate law makers about the dangers of marijuana and how opening the door can lead to other problems that will have an impact on youth in Iowa. Tonja asked if it goes out to the public under the same disclaimers as vitamins that it has not been evaluated by the FDA. She asked at what point it merges in with FDA oversight. Ray asked if CBD Oil is recognized as a drug. Kris shared that it is not and it is not regulated at all. Heidi shared it is minus THC and is supposed to be only CBD. Ginger said the argument for it being made and grown in Iowa is that it could be regulated and monitored. Lee said at one point the discussion was for the universities to grow and process it so it would be regulated and controlled. Lee said there is a legitimate concern that it does help some people. Ginger shared that Iowa's current law is very restrictive in that only this type of physician can prescribe it for this type of patient and prevented producing it here, buying it here and transporting it into the state. So, there is no way to get it legally. Tonja also pointed out that there is no regulation for what a patient may be getting when they do get it. Ginger said it is disturbing how it has been rolled out. Tonja shared that pharmaceutical companies are not interested in it either. Heidi shared that she will share the document AC4C developed about marijuana issues and how to share that information with law makers. Ginger said she feels that the coalition needs to shift to how to deal with it once it happens instead of stopping it from happening. Heidi did share that the coalition cannot lobby as a group, but it can educate law makers on these issues. Ginger shared that coalition members as an individual citizen they can lobby law makers.
- Heidi shared that for the Drug Free Work Sites the work group has been working with Tiger Hawk and VBCSD on setting these policies up at these places.
- Heidi said for addressing near peers providing alcohol the coalition has a work group working on this, but it is hard to address. She said it is one the coalition is stuck on. She said the coalition has been working on what it can. She said this will be something to continue to address with the IPFS Grant funds. She said that most of the time youth are reporting getting alcohol from near peers (people 21 or older). She said social host helps with this some but the state law is not very strong and the coalition needs to look at something local and what can be done to address this group of individuals. The tip line would be a good way to address this as well.
- Heidi said as far as addressing parties as the source of alcohol is about working with law enforcement and that has been done and the work is continuing with them.
- Heidi shared about how a lot of work is being done to empower parents. She shared that the coalition has been present during conferences and sharing information with parents there. She also said that the coalition staff put together packets for Tom to use with the parents of the juveniles who are his clients. So a lot of that is moving.
- Heidi shared the next one also addresses marijuana and maybe putting together a media campaign on it for youth.
- Heidi shared the final one is on prescription drug drops. She said this is still being worked on with the new changes at the federal level. She said the next AC4C Retreat will focus on this issue and she hopes to get some new information from this meeting. Lee asked if Heidi had gotten information on the cost for an incinerator. Heidi said she has a contact that she will get this information from at the AC4C meeting because they have one. Heidi said the coalition is rolling out the Rx Safety Curriculum with the 5<sup>th</sup> Graders at VBES in May. She said Larry Thomas will do one lesson, Dr. Tim Blair will do one lesson, Heidi will do the first lesson and the teacher will do the last lesson.

**ACTION STEP:** Continue to do the work in work groups

**By Whom:** All coalition members

**By When:** September 2015

**Topic:** Iowa Safe and Supportive Schools Grant Update

- Julie shared that the Iowa State Extension Representative did come and visit briefly with the IS3 youth about some leadership training this year. She said they are going to set that up for April. She shared the team will be doing their second part of their training in Des Moines in late April. She said the display case is rotating and the hospital is also displaying student work as part of that rotation. Locker letters were started the week before last. It seems that IS3 is rolling right along.

**ACTION STEP:** None

**Topic:** DFC Update– In Packets

- Melissa shared it is in everyone's packets. Heidi said there was a lot of information in this Update about things that are going on.

**ACTION STEP:** None

**Topic:** YLC Update

- Melissa shared that this week they started with their activities for Kick Butts Day. She said yesterday there were students who started on Main Street and worked toward the High School to clean up cigarette butts on the streets. She said they collected four 1-gallon Ziploc bags half full of butts. She said they are now going to work on what they can do to address the littering of cigarette butts on the streets and sidewalks of the community. She said that during this cleanup KTVO came and interviewed students and even came back to the school to do more interviews. She said some students also made some videos to be shared with their peers during lunch this week. She said another group did cups in the fence at the VBM/HS. Heidi shared that tomorrow some students will do peer teaching at the elementary school and a scavenger hunt during lunch. An awareness walk will be done on Friday during lunch. Students will also provide materials for retailers who sell tobacco to hand out because they wanted to do a sticker shock but there is no way for them to be able to put stickers on tobacco products.
- Melissa shared that Harmony for KBD made some posters and put some feet on the floor of the school with some tobacco facts and information. They also did the I am not a replacement activity and they were hung throughout the school as well.
- Heidi shared that all of the I am not a replacement pictures from Van Buren and Harmony will be on Facebook soon. As will the link for the KTVO news report.
- Heidi said Day on the Hill was rescheduled for this next Tuesday and those students will be going to the capitol to talk with Curt Hanson and Mark Chelgren about marijuana.

**ACTION STEP:** None**Other Business:**

- Heidi shared that the Villages of Van Buren had contacted the coalition staff about helping them as they are planning a Concert on May 30<sup>th</sup> where they will be serving alcohol. They hope it will become an annual event with different types of music during the event. This will be held at the new Trails Council Plaza by Circle B. She said she wanted to share with the coalition that it is seen as a resource in the community. She said she met with them and they did not realize all it took to setup an event like this. She said they may be looking for some volunteers to help with the event. She shared that she told them to contact the reserve officers about security. Melissa shared that they want to focus on it being a family event that will end early in the evening and the beer is not supposed to be the focus of the event. Heidi said that the beer distributor was going to supply signage and Heidi warned her that it can be problematic so the coalition would be willing to help them with signage. She said there was a lot they had in place: license applied for, fencing, using the coalition's scanner, sending servers to the April Merchant Alcohol Training, etc.
- Heidi shared that the coalition's office has moved from the school to the old funeral home on Hwy 1 by the Extension Offices. She said it is in the north end of the building. She said the phone number, address and emails will remain the same.

**Next Meeting:** Tuesday, April 21, 2015 at 9:00 am at Van Buren County Hospital Community Services Center Conference Room. Will include Work Groups**Meeting Adjourned:** At 10:00 am

\*Meeting minutes are only a summary of the meeting. For a recording of the full dialogue of the meeting you may contact the coalition office.