



Van Buren County SAFE Coalition
February Meeting Minutes
Location: VBCH Community Services Center
Tuesday, February 17, 2015
9:00 am

Meeting called to order by Melissa Daugherty at 9:05 a.m.

Members Present: Heidi Bainbridge – DFC Coalition Director, Julie Chapuis – Schools, Makenzie Crull – Other Organization, Melissa Daugherty – Youth Serving Organization, Susan Frey – Civic Group, Tonja Jirak – Parent, Ginger Knisley – Other Organization, Lee McIntosh – Law Enforcement, Kris Rankin – Parent, Kim Siegfried – Other Organization, Janine Vermazen – Other Organization, Tammy Wetjen-Kesterson – Other Organization

January Minutes approved by: Tonja Jirak **Second:** Lee McIntosh

Topic: DFC Update– In Packets

- Heidi shared that she had passed them out to people today. She also apologized that they were a little late being done this month. She said that they were sent to everyone's in boxes this morning. She shared that there was not a lot going on in February. She said she included the Partnership for Success Grant and her awards. She said that YLC does not have a lot going on right now. She shared that they have a lot they will be doing in March and that members can look forward to that information in the March Update that could possibly be coming to them next week already. She said April will also be busy as well.
- Tonja congratulated Heidi on her awards and said that it speaks volumes about the work that has been done in Van Buren County and she said she is proud of Heidi.
- Heidi said that she could not have earned the awards without the coalition members and the community. She said she feels the awards are not hers alone but the coalitions. She said it is because of the work the coalition does and allows her to do that she received them and she thanked the coalition.

ACTION STEP:None

Topic: YLC Update

- Heidi shared that the youth did a ton of work for National Drug Facts Week. She said that they did their activities the last week of January at Harmony Junior/Senior High School and Van Buren High School. She shared at Van Buren they chose a drug a day to focus on and each day they had announcements, posters and activities to go with that theme. On Monday the focus was on marijuana. She said this group chose to do peer teaching and due to MAP testing at the elementary they actually did their teaching on Thursday. On Tuesday the focus was tobacco. This group did a social norms campaign (this included hanging pink signs in the hall with numbers on them and students had to guess what the numbers stood for) and had a mystery box activity during lunch. Wednesday they focused on Rx Medications and hung pill bottles in the halls with medication safety facts on them. Thursday the focus was alcohol. She said that this group had a balloon scavenger hunt with alcohol facts attached to balloons that they wrote down on a contest form. Finally on Friday the focus was on "other" drugs. They specifically focused on Synthetics and Inhalants. They did a pledge wall for their peers and adults in the building to sign to be free of these drugs. Harmony did two graffiti walls that were covered with alcohol, tobacco and drug safety facts and information; they also had a balloon scavenger hunt; and they did peer teaching in three groups for the 3rd, 4th and 5th grade students at the elementary school (she said these kids did a great job at this). She said both schools had representatives on the radio on KMEM's Coffee Break and students from both schools wrote articles for the newspapers.
- Heidi shared that this week some of the VBHS members are doing activities for Through with Chew Week that focuses on encouraging students to quit using chewing tobacco or to never start using it. She said they are also working to get ready for Kick Butts Day in March and Alcohol Awareness Month in April. She said that seven students will also be attending the Day on the Hill at the State Capitol on February 25th.
- Heidi said they have been busy working on planning now. Lee asked if many kids were interested in attending the Day on the Hill. Heidi shared that ten youth applied and none from Harmony applied. She said they even gave Harmony some extra time and really tried to encourage them to apply and they still did not apply. She shared that she would have liked to have seen more apply. She said that the ones who do go love it and that Curt is great about taking them into the House and showing them around and teaching them about what goes on there. She said maybe they could have the kids who attend share with the other YLC members about the experience and maybe that would increase interest in it. Ginger suggested that those who applied and showed interest might be interested in local forums with the law makers and this could foster their ability to interact with local legislators. This would get them started on the idea that elected officials do work for them and they can talk to them about issues and make a difference. She said the more the coalition can get that message across to the younger students the better to grow advocacy efforts in the area. Lee commented that it would be good for them to do with their government classes too. Heidi said she thinks that they do encourage students to attend local events and are even offered extra

credit for attending. Heidi said the coalition did take some youth to one of Senator Grassley's local visits one time. She said she thinks that is a great idea. Susan shared that the Friendly Four Corners 4-H group is also going so if others would like to go have them contact her.

ACTION STEP: None

Topic: Iowa Safe and Supportive Schools Grant Update

- Julie shared that they have setup the student display case and it is full. She said that they will be changing it out on Friday and placing new items in it then. She said that after a conversation with Melissa they are going to be able to rotate some of those items to the hospital and they are going to be displayed there as well. She shared that the locker letters are currently being printed and will be ready soon. She said they got the staff picture taken and those are ready to go. She shared that they did some training with the staff and how those will work at the end of January during PLC time. She said they will start those as soon as they arrive from the printers. She said she will be meeting with Brenda Spurgeon from the Iowa Extension Office today about their partnership with the grant. They will be discussing ideas they can share and collaborate on. She said in April they will be attending training.
- Heidi said the display case looks great. She said it has artwork and pottery and other items so it is not just a bulletin board. She said it is a nice display with various items that show case the students. She said she likes that it will also be going to the hospital and giving the students more exposure in the community. Julie said they are even considering contacting other businesses like the Telephone Company about displaying things at them.

ACTION STEP: None

Topic: Partnership for Success Funds

- Heidi shared that the coalition did receive the Partnership for Success funds. She said they come from the Iowa Department of Public Health and began in February. She shared that currently the coalition does not have its contract, but that should be here soon. She said she met with the project coordinator two week ago about minor budget issues that needed to be corrected, i.e.: the coalition had put in for money for a billboard and media for the first year, but the structure of the grant does not allow for those the first year – they can be done the second year though. No major adjustments were needed and those have been done and resubmitted.
- Heidi shared that the coalition will continue to have DFC funds until the end of September. She said those funds will be used for sustainability work and work on projects that have been started and need to be finished.
- Heidi shared that the first year of PFS is to be used for Assessment of the community, Establishing a Coalition, Capacity Building for the coalition in key sectors and identifying an evaluator for the coalition. She said that the coalition does already have an evaluator. She said that the PFS director did have a problem with the evaluator not being local, but Heidi fought that because the evaluator the coalition has is very familiar with the coalition data, has worked with the coalition for many years and they have all of the coalition's historical data and information. So, it did not make sense to bring someone new on and bring them up to speed; she also did not know if there was anyone local to bring on to do coalition evaluation. She said the conversation she had with the director resulted in an agreement that if the local evaluation committee continues to meet with the participation of the outside evaluator through conference calls, site visits, etc. then the coalition may keep its current evaluator. So, number one of the to do list is done. As for engaging a county wide coalition with participation from county wide sectors – we have a coalition and the coalition staff will be reviewing the current membership and comparing the current sectors with the IDPH sectors to see if the new ones are covered. If they are not the coalition staff will do some additional capacity recruitment with the advice and help of the current coalition members. There are some IDPH trainings that Heidi and Kris will be attending because they are required by IDPH. There will be some opportunities for coalition members to be a part of some of the trainings as well. The big project the coalition will complete this year is the assessment step of the strategic prevention framework (SPF) by reviewing local data and creating a needs assessment from the data which will be submitted to IDPH. Heidi said that hopefully soon the coalition will have the 2014 Iowa Youth Survey data and this will help with updating the local data. The other large project will be to complete the capacity step of the SPF. This will be a review of county capacity with a report submitted to IDPH about that.
- Heidi said it runs on a federal fiscal cycle. She said it began in October for IDPH and the coalition started in February and the year will end at the end of September. She said year two will start in October. She said it runs on the same cycle as the DFC which will be good as that is what the coalition staff are familiar with. She said in September the coalition will begin to look at implementation and planning. She said that is when the coalition will begin to do the work of the grant. She shared that she expressed to the director that she had a concern about having enough work to keep the coordinator busy and the director told her she understood that some of the grantees were more advanced coalitions and so there may be a need to move forward before it is on their time line and she is ok with the coalition moving forward at that time.
- Heidi shared that the PFS funds are specifically to address underage drinking and underage binge drinking. She said that the coalition will be continuing to look for funds to allow the coalition to continue to do work about marijuana, Rx Medications and youth work. She said DFC funds will allow all of that work until the end of September.
- Lee asked if after September the core focus would be on underage drinking and binge drinking. Heidi said yes for this grant. Lee asked if this grant would be the coalitions sole funding. Heidi said that the coalition is looking at some other opportunities and there may be other funding the coalition will be receiving this spring. She said there is a community coalition grant that will come up for application this spring that the coalition would be able to use for some of the other drugs of abuse and the funds start on July

1, 2015. She shared that there are a couple of youth grants as well – one is a youth mentoring grant related to substance abuse prevention and the other is a youth development grant that would allow the coalition to continue the Youth Leadership Council. She said there is one other grant that is a County Substance Abuse Grant that would allow the coalition to work on other issues besides alcohol. Heidi said the coalition is hopeful to bring in other funds to deal with other drugs and issues in the community that the coalition would like to address. She said the issues do not have to center on substance abuse either. Lee asked how much the PFS grant is for. Heidi said the first year is less and then second through fifth years are approximately \$87,000 to \$89,000. Tonja said they are doing better getting this one out than the SPF/SIG that they burned up at the state level. Ginger and Heidi said that did funnel down to communities and there were communities that did a good job with the funds, but others did nothing with them. Heidi said Jefferson County did fairly well and have a good group formed from it and they passed the social host ordinance in that county. Heidi said Kitty attends these meetings and could give the coalition more information on their work. Heidi said the coalition is actually going to reach out to them about the Social Host Ordinance. Heidi said the PFS is supposed to be the next phase of those grants. She said having a good strong coalition in place makes a huge difference with these grants and the ability to do the work successfully. She said she appreciates the DFC grant because it allows coalitions 10 years to work on the initiatives.

ACTION STEP: Begin working on the goals of the PFS Grant

By Whom: Coalition Staff

By When: As outlined by PFS Guidelines

Topic: What is SPF – Strategic Prevention Framework

- Heidi explained the Strategic Prevention Framework (SPF) to those present with the help of three handouts that cover the SPF.

ACTION STEP: None

Topic: Workgroup Time

- The members present broke out into their workgroups and worked for approximately 20 minutes.

ACTION STEP: None

Topic: Workgroup Report Out Time

- School Climate: Julie reported that the Warrior Assemblies are ongoing and the next one is scheduled for March 20, 2015; The Career Fair will be held on February 27, 2015; The Community Service Day is scheduled for May 1, 2015 and the youth will again be spreading out across the county to do community service work in different communities; the update on the IS3 grant was shared earlier in the meeting; the Senior Week activities are planned for the week of March 9-15, 2015 – this week includes information on personal and financial safety, soft skills and work readiness for the Seniors at VBHS; and as for the Drug Free Work Place Policy work Julie spoke with the association representative last month and they will be taking it to the association and seeing what they think of it and they will be looking over the current policy to see what kinds of gaps it has.
- Near Peers & Parents: Tonja shared that the SAFE Home Pledge was completed in the fall and it has been decided that in the future the statistics from this will be shared in the local newspapers; the group chose materials to be passed out during the next round of parent teacher conferences in March that include a parent booklet and sticky notes that they can take notes on about their child's progress at school; and the group chose parent resources for the Juvenile Probation Officer to share with his clients parents and the coalition staff are working on putting those together and getting them to him.
- Marijuana: Ginger shared that the group is working on having youth and work group members talk with legislators and informing them of the dangers of marijuana legalization – the youth will be doing this during Day on the Hill next week; Work group members are also paying attention to new legislation on the horizon and make sure to inform the coalition staff about it..
- Social Host Ordinance: Ginger shared that the work group members are going to be visiting with the Board of Supervisors about how they feel about a local social host ordinance; Ginger did a quick comparison of the state social host ordinance with Jefferson Counties and sent it to Heidi; and they are planning to visit with community members in the future about their feelings about a local social host too. Heidi shared that the coalition staff have visited with the county attorney and the sheriff's office about a local social host and they are both in favor of one. Ginger said the board of supervisors may be interested in one due to the state already having one.
- Prescription Drugs: Tammy shared that she had provided Heidi with a flier that Benton County is currently passing out to community members at their pharmacies – she shared it includes information about a local medication drop box and safety tips; Tammy visited with HyVee and they are not able to take back controlled substances at this time; Heidi said she was on a call with the state group AC4C yesterday and they had met with the Pharmacy Board and that board did not realize that community coalitions had been working to try to combat this problem – she said that the AC4C Retreat in March is going to focus on this topic and that she will be attending that meeting and will have more feedback about what other communities are doing to address these issues; (there was a discussion at this point about drop boxes and incinerators) the group added today that the coalition staff should check into incinerators and their prices.
- Drug Free Worksites: Melissa shared that they were contact two local businesses about drug free worksite policies and they have made contact with one and have been

successful with one of those and they are working to get them worksite drug kits; they have also been working with the school through Heidi and Julie to implement a policy there and that work is ongoing.

- Hospital SBIRT & PMP: Lee said that Melissa has done a lot of work for this – he said that they are keeping these in front of the administration, but because of other issues that the administration wants to address first this will have to wait a little while (Lee shared at this time that a doctor visited with Melissa about how to help a patient that might have some substance issues and he did not know how to refer that patient for treatment – this is why a program like SBIRT could be helpful for the doctors).

ACTION STEP: None

Other Business:

- Next month the coalition will have the PFS Contract and will focus more on that work during the coalition meeting in March.
- The coalition staff sent a survey out by email to all coalition members and only 8 people have taken it. Please take time to do this as it will be an important piece for the PFS Grant. Heidi shared it will take about 10 minutes and we need feedback from Coalition Members. If you need a printed copy instead of an electronic one please contact the coalition office as we have those as well.

Next Meeting: Tuesday, March 17th, 2015 at 9:00 am at Van Buren County Hospital Community Services Center Conference Room.

Meeting Adjourned: At 10:10 am

*Meeting minutes are only a summary of the meeting. For a recording of the full dialogue of the meeting you may contact the coalition office.