



Van Buren County SAFE Coalition
April Meeting Minutes
Location: VBCH Community Services Center
Tuesday, April 21, 2015
9:00 a.m.

Meeting called to order by Melissa Daugherty at 9:00 a.m.

Members Present: Heidi Bainbridge – DFC Coalition Director, Kitty Bogle – Other Organization, Gloria Brown – Other Organization, Ray Brownsworth – Healthcare, Julie Chapuis – Schools, Makenzie Crull – Other Organization, Melissa Daugherty – Youth Serving Organization, Tonja Jirak – Parent, Ginger Knisley – Other Organization, Lee McIntosh – Law Enforcement, Kris Rankin – IPFS Coordinator, Stacey Reese – Civic Organization, Lindee Thomas – Public Health, Janine Vermazen – Other Organization, Kristal Yotter – Other Organization

March Minutes approved by: Julie Chapuis **Second:** Ray Brownsworth

Topic: Partnership for Success Funds

- Kris shared that she and Heidi had attended the contractors meeting on April 1, 2015 during the meeting they received information on capacity building and general information for the grant work. She shared that they did not receive the deliverables for assessment and capacity building at that time because they are not ready yet.
- Kris said that she and Heidi had met with Julie Hibben the previous week for their site visit. She said that it went well and that Julie seemed happy with the progress of the coalition with the grant at this time. Julie was also able to share with Heidi and Kris more about how the grant will work. They were able to ask questions during this meeting as well for clarification. She said that Julie shared with them that the deliverables for assessment and capacity should be arriving in the next month. Heidi pointed out that with the deliverables part of the holdup is that the state has to have everything approved through SAMHSA before it is put into place so that can take some time.
- Kris shared that the Memorandum of Understanding for the IPFS Grant that includes SEIDA, Van Buren County Public Health and the coalition has been fully filled out and signed by the three agencies. She said that it has also been submitted to IDPH.
- Kris said that the coalition staff is working to engage sectors that are part of the IDPH Grant and were not part of the DFC Grant. Specifically that includes the military. She also said that they are looking to do additional recruitment for other sectors, such as local government.
- Kris shared that there is a two day training coming up on May 12 & 13, 2015 in Des Moines that the staff would like to invite coalition members to attend. She shared that if anyone is interested in attending please let Heidi or Kris know and they will help them to get registered for the training. She said the training will cover the capacity building and planning steps of the strategic prevention framework. On the morning of May 12, 2015 there is also an opportunity for a general Strategic Prevention Framework overview workshop. Heidi shared that the information will be general and can help train coalition members for work in the positions they are in. So it will fit with the coalition work and other jobs or positions that coalition members hold.
- Heidi shared that the coalition staff hope to have work for this grant to be done at the next meeting.

ACTION STEP: Training – let Heidi know of interest in the Training May 12 & 13 in Des Moines; begin thinking of data to share with the coalition during the assessment process.

By Whom: Coalition Staff & Coalition Members

By When: As soon as possible for the training & May 2015 meeting for the data.

Topic: Drug Drop Conversation

- Kris shared that she had attended an AC4C meeting in March that included presentations from the Iowa Pharmacy Board about what they are working on to help with controlled substance take backs through pharmacies in the state of Iowa. She said that there were two important strategies that she learned about at the meeting.
 - The first was that the Iowa Pharmacy Board is working to develop a program with the Sharps Company called Med Safe for pharmacies. She said the presenter said it would cost the pharmacy \$60 per month and would be a three year contract. She said that the pharmacy would receive an onsite steel safe receptacle for all medications including controlled substances to be deposited in. It would not include taking back sharps. It would include four 20 gallon bags per year to be sent in for disposal. She also shared that these boxes can also be placed in hospitals, long term care facilities or local law enforcement offices. Heidi wondered how much would be gotten back and if it would be worth it or not. Kris said she wondered about finding funding for this through local foundations.
 - The second was that there is a law enforcement agency in Ames, IA with a connection with an incinerator in the Ames area that will facilitate the disposal of a local Take Back Event. It would mean transporting the collected medications to Ames by the local law enforcement after they facilitated the collection. She said this could be done one or more times a year. Ginger asked if they would have to transport it. Kris said yes they would.

- Ray said that the hospital could help facilitate the Med Safe program with Lee's Pharmacy. He said from the pharmacy's point of view it may not be worth doing for \$60 per month. Yet, the hospital could help defray some of the cost. Kris said she wondered if some local foundations would help to fund this local program to keep Rx Abuse from becoming a problem in Van Buren County.
- Heidi said the Sheriff's Reserve Officers and coalition have been doing a good job at holding the take backs twice a year. She said she is concerned with them going away what could begin to happen in Van Buren County if there are no local disposals offered. She said she liked the idea of the local take back once a year. Lee said if there is an incinerator available it would be good. He said the one concern is chain of command and control, but it would only take two Reserves' to run it up to Ames. He said it would be an easier sell to Dan. Heidi asked if the coalition staff could come to a Reserve Officers meeting and meet with them about it, or should they go through Danny first. Lee suggested approaching the Lee Pharmacy/Hospital idea first. Heidi pointed out that is not ready yet. Ray asked when the federal ones will be done. Heidi said they are discontinued now and the last one was held in September 2014 and usually the coalition does one in the spring. Ginger asked if the coalition wanted to wait the full year for the new program or do a local take back in the fall. Lee said there is a Reserve meeting Monday night and if someone would go with him for the drug drop it could be done. Heidi offered the coalition could help cover the cost. Lee said he would talk to Matt about it. Lee said the coalition does a great job with the advertising and setting them up. Heidi said the coalition would continue to do that too. Heidi said the coalition staff will get in touch with the other police department about the when and how for the disposal. Heidi said she will check back with Lee after Monday.
- Heidi shared information from Tammy Wetjen-Kesterson about the price for an incinerator to be housed locally. Tammy had shared total cost with shipping and handling was \$4800 for the Little Vulcan Small Scale Barrel Burner (approx. a 55 gallon drum) that Benton County Above the Influence Coalition had ordered. Heidi commented that if nothing else works out this would be a last resort to purchase an incinerator to be used locally. She said grant funds cannot be used to purchase one. She said that they coalition would need to look for other funds and there are some opportunities for that. Kris said that would be another discussion with the sheriff's office as it would be theirs.

ACTION STEP: Make contact with Law Enforcement in Des Moines about disposal for a local take back. Talk with Sheriff's Reserve Officers about holding local take back events

By Whom: Coalition Staff & Coalition Members

By When: As soon as possible for the disposal contact & May 2015 meeting for the Reserve Officers.

Topic: Tip Line

- Heidi shared this was discussed in a work group when Tammy Wetjen-Kesterson was at a meeting. She said that Tammy then investigated one another county had done and sent Heidi some information on it. That information is in everyone's packets. Heidi said that at the last meeting the coalition members had discussed that the numbers for reports of underage drinking are way down and the question is are they not happening or are they not being reported. She said that part of the work plan for this year is to research tip lines and what do they cost and would the community benefit from one. The information from Benton County says that the cost is \$1999 for one year and \$1799 for each year with a three year contract and both have an additional \$399 setup fee. Heidi said the software information for Tip Soft is on the back of the email. She said the options for reporting are phone calls and texts that are sent to the on duty officer. She said it will go back to the work group to be discussed. She also said that she will be talking with the sheriff about it as well to see if it is even anything they would be interested in, feasible or needed. Heidi asked for people's thoughts, feedback, ideas and recommendations.
- Lee said a tip line would not be a bad idea. He said one concern would be false reports due to anonymity. He said he would show it to Don Poole and see what he thinks of it. Heidi said she met with someone from Benton County and he said it allows for a call/text back in case of concern of false reporting and to be able to verify the tip she thinks. Heidi said that she and Kris are planning on setting up a meeting with the sheriff and will talk to him then about it.
- Heidi said that the judicial district to the west of Van Burens had the Iowa State Patrol use their EUDL money for one and they were very happy with it. They said it was utilized a lot and they were valid tips. They said they learned about parties that they would not have heard about before. Tonja asked if it was the same company. Heidi said she thought it was. Ginger said it is interesting that it has query, filtering, and reporting features. It would allow data collection too. Heidi said it looks very user friendly and provides a lot of information. Heidi said the coalition will continue working on that.

ACTION STEP: Contact the Sheriff's Office to see if they would be interested in having one of these.

By Whom: Coalition Staff

By When: May 2015 meeting

Topic: Senior Scholarship Application Reviewers

- Heidi asked for three volunteers to review scholarship applications for her. She said there are four applicants and the coalition chooses two applicants. Names were not removed because of the narratives and reference letters. Kitty, Janine and Gloria agreed to review them. Heidi gave them packets with the apps and will send them the score sheets. She said they should review and score them and send the scores back to her by May 1, 2015.

- Lee asked if the awards day is the 14th of May. Heidi said yes it is. Someone asked how much the scholarship is for. Heidi said \$500 total - \$250 for each one. Heidi said that they each had to be active members of YLC, had to write about their activities and how they made a difference in the community. They also had to provide two letters of recommendation: one from someone at the school and one that was a personal reference. Heidi said she is excited because there was an applicant from Harmony for the first time in a long time.

ACTION STEP: Evaluate the applications & return the score to the coalition staff

By Whom:

By When: May 1, 2015

Topic: Volunteers for May 30, 2015 Music Festival in Keosauqua

- Stacey shared that the Villages of Van Buren and First Iowa State Bank are going to be sponsoring a new Music Festival in Keosauqua at the new Riverfront Park. She said it will be the official ribbon cutting ceremony for the park. She shared it is designed to be a community celebration with visitors included.
- This is an all day event that begins at 11:00 am and will be wrapped up around 9:00 pm. They want the focus to be on the community and music, but will be serving wine and beer during the event. She said the Keosauqua Lions will have their food trailer there offering tenderloins, fries, etc. The Lions will serve food all day with a plate lunch from 11-2 with pulled pork, potato salad and other sides. She shared this is the first time she has ever done anything like this and to her knowledge it is the first time anything to this magnitude has been done in Keosauqua. She said years ago Farmington did a Jamboree similar to this.
- There is a professional production company coming in to do the sound; a blue grass band from Quad Cities performing from 11-2:30; a country band (Matthew Kane & the Greenbrier Band) from Cedar Rapids; they will wrap up the evening with Jive Radio from Burlington – they are a fun 70’s – 80’s kind of band to get participants dancing on the new stage.
- Stacey shared that with the alcohol involvement she contacted Heidi. She said they have never served alcohol at an event. So, this is new territory for the Villages. She shared she was very thankful she had the coalition as a resource. She said she did not have a clue about how to do this; she shared she thought she did – ID everyone and serve the beer; but it is not quite that simple. She pointed out she is on the learning curve. They are in need of volunteers for the event. She shared that she had asked the First Iowa State Bank for help and four people signed up. She is not done with them yet, but if anyone involved with the coalition would be willing to help that would be great. Primarily with the coalition they are looking for help with the alcohol sales. They will be selling alcohol tickets so they will have the money and tickets in one location and a separate table/tent where the alcohol will be served.
- It is free admission so everyone can come into the festival. Originally, before talking to Heidi, they were going to ID everyone, but going back to the community goal they did not want to do that. So, they are moving the ID process to the selling of the alcohol and serving of the alcohol areas for a double check. From there they are going to have that area fenced off with snow fence from DOT. They are also in need of security to police the area to keep an eye on things and make sure that youth are not getting alcohol from the adults and consuming it at the event. Heidi had talked with her about using uniformed Reserve Officers and they are not sure that they want to go that route. She said they would prefer to get responsible adults to do that. Especially around the stage it will be difficult to keep track of things.
- Someone suggested double fencing to keep people away from the area with alcohol in it. Stacey said the problem will be getting the fence setup and having enough fences. At this time no one has volunteered to help setup the fence. Ray suggested having One Call out to mark the grounds before putting the fence up. Lee pointed out that security will need to wander through the crowd to make sure the drinks are not being shared with underage participants. Someone asked if people who have been checked and are of age will have wristbands. Stacey said yes that will be happening. Kitty asked if she needs to train people. Heidi said she will be during the Merchant Trainings tonight and tomorrow. Kitty said she did training for RAGBRAI for Fairfield. Heidi said that if they come up with some last minute people the coalition can coordinate a training in May before the event. Stacey said her board meeting is next week and then she will be recruiting people face to face after that so she may need more training in May.
- Heidi asked if she had a signup sheet to share with the coalition members. Stacey said she did and passed it around for members present to sign up. The shifts are in 3 hour time slots. Stacey will email it to the coalition staff to email to all coalition members so that anyone who wants to help can contact her to sign up to help with the event. She said for security no one had signed up because they do not want to confront people. Her intention is for them to keep an eye on people. Heidi said that there are a number of coalition members who like to help, but cannot attend meetings so they will probably be willing to help with this event.
- Stacey shared that she thinks this will be a lot of fun. She said if people can only give an hour she is good with that. She also pointed out that jobs can be traded the day of if needed.

ACTION STEP: Sign up to help at the event

By Whom: Coalition Members

By When: ASAP

Topic: DFC Update– In Packets

- Melissa shared it is in everyone's packets and was emailed out to the coalition as well.
- Heidi shared that there are a couple of things she wanted to point out to everyone. She said that Exit Interviews with 8th & 12th graders are being started at the Van Buren Community Schools this week. She said those are a series of questions that the coalition asks face to face with the 8th & 12th graders to get feedback from them on how they liked Van Buren as school, if there are things they would change and how the climate of the school is. She shared there were some questions added this year that address the new IS3 grant to find out if they feel more connected to staff due to the projects this grant implemented. She said they will be done the end of this week and the beginning of next week. She said that coalition members help with these. She said there are questions that are trended to see if the school is doing better or worse in those areas. She said when the data is available it will be shared with the school and the coalition. She said it is a fun activity where the interviewers can find out what the kids did and did not like.
- Heidi shared the other thing she wanted to point out is that Senior Letters (letters to graduating seniors) are being doing in both districts again this year. These will include letters from the coalition, local sheriff, their school's administration and a letter from a current fifth grader all encouraging them to be substance abuse free during graduation. She pointed out that this class will also be receiving their letters that they wrote as fifth graders. She said last year was the first class to receive theirs and this class will also have this. She said there are actually quite a few who will receive their own letters this year.

ACTION STEP: None

Topic: YLC Update

- Heidi shared that Alcohol Awareness month is this month and the Harmony Jr. /Sr. High School & Van Buren High School YLC members have been doing activities for it. She said they started Sticker Shock this week as it is the week before prom. She said they put stickers in the local stores on alcohol packages that say STOP it is illegal to provide this product to anyone under the age of 21 and fines may be up to \$1500. She said they also held a lunch scavenger hunt with underage drinking facts throughout the hallways of the school yesterday. She said there will be peer teaching happening with 6th graders in both school districts about the dangers of underage drinking as well as recruiting them for YLC next year. At Harmony they will be doing an awareness walk next week with facts, info, games and prizes. Next week there will also be cups in the fence for a track meet with a message they have about being alcohol free.
- YLC members and sponsors will be going to Adventureland on May 2nd. They are excited about that as are the sponsors. She shared that they go this every other year. She said that the Polk school district holds substance free weekends at Adventureland every year. This year it is April 25th & 26th and May 2nd & 3rd. She said the coalition gets tickets at a reduced cost for those dates. They are \$20 which is half price. She offered that if anyone is interested in purchasing them please let Heidi know and she will get them to you.

ACTION STEP: None

Topic: Iowa Safe and Supportive Schools Grant

- Julie shared that Brenda Spurgeon from Iowa State Extension came last week to the school and provided a leadership training with the kids and they really enjoyed it. It was a very active presentation. It was not just a sit and get. It had games and different things they did. The IS3 youth team has two representatives from each grade 7-12. They also have an opportunity for a summer camp that Julie just received information on this morning. She will be trying to get some of the kids to take part in that. The grant will pay for their time at the Iowa State Campus for this camp.
- Julie said the faculty team will be traveling to Des Moines for another two day training this afternoon. This should wrap up some of the questions with the grant. She said everything for this grant has to be completed by July 30th. She said it is quickly coming to a close. She said they will be surveying the kids before school is out about the grants impact.
- Julie shared that locker letters have been going really well. They were started in late February and there is lots of positive feedback from the kids on them. She said her goal is for every senior to have one before they go. She said she believes the majority of kids will have received one by the end of the year. Lee asked what a locker letter is. Julie explained that it is a good job note that a student receives at the end of the week in their locker. They are post card size notes that the faculty team tapes in the kids lockers for positive reinforcement for the kids. Heidi said in the teacher's break room there is a bulletin board with pictures of every kid in the school and the teachers put a note up under the picture when a student receives a locker letter.
- Julie shared the final part of the IS3 plan is the display case and there is a picture of it in the newsletter. She said they have been changing it out every three weeks and then rotate the contents to the hospital. It contains the kids work, i.e.: writing composition, art work, musical honors, etc. She shared the students work is shared for six weeks between the two locations. Ray said the hospital appreciates Julie bringing it to the hospital. Julie said it is a nice connection because not everyone in the community makes it into the school building. Julie shared that there have been some really outstanding pieces of artwork in the last few weeks because of an art show in Mt. Pleasant. Tonja shared that is nice as a lot of times students in sports get a lot of recognition through the news paper and this allows them to high light other talents and successes. Julie

pointed out Science Fair was another area highlighted in the case. She said there was also a history day project coming into the case. She said a student has also entered Congressman Loeb sack's art contest and people can vote for it online and it is currently in the case.

ACTION STEP: None

Other Business:

- Heidi shared information on the event being held at the Mt. Pleasant High School that will include information about the current state of the nation with marijuana. She said it is tomorrow night from 6:30 – 7:30 pm and it is free with child care. She shared that there will be good speakers including a state leader from Partnership for Drug Free Iowa at it. She said there will be good information on marijuana at that event.
- Julie shared that the Van Buren High School will be holding its annual Community Service Day on May 1, 2015. She said they are working on getting kids signed up for where they want to go and work that day. She said she contacted all of the city councils in the county and they will be sending kids all over the county to help out the communities. She said that some are even providing lunch for the students coming to their community. Julie asked that if the coalition members know of someone she has not contacted that would be interested in having the students do some community service for them to let her know and she will contact them. She shared that this is the third year they have done it and the second year it will be a full day event. She said there was a lot of positive response back last year from communities. It is a good way to get a lot of projects done in short order.
- Discussion about whether or not Davis County has a Substance Abuse Prevention Coalition. Heidi found out from Kitty that they do not have a coalition.
- Heidi said to come prepared to the next meeting to work in work groups and the Partnership for Success Initiatives.

Next Meeting: Tuesday, May 19, 2015 at 9:00 a.m. at Van Buren County Hospital Community Services Center Conference Room. Will include Work Groups

Meeting Adjourned: At 9:55 a.m.

*Meeting minutes are only a summary of the meeting. For a recording of the full dialogue of the meeting you may contact the coalition office.